Pennsylvania Chapter

INCORPORATED IN PENNSYLVANIA







"SKIP for PA" Project - Provider Overview

WHAT IS THE SKIP FOR PA PROJECT?

Many parents ask pediatric primary care providers for help with children's behavioral, attentional, and emotional problems. Through a collaboration between the PA Medical Home Program of the PA-AAP and researchers from the Service for Kids in Primary-care (SKIP) Program at the University of Pittsburgh School of Medicine, the "SKIP for PA" study is an opportunity for you to expand behavioral health (BH) care for children with behavior problems and comorbid ADHD. The project will help us to understand which strategies best support implementation and sustainment of an evidence-based program (Doctor Office Collaborative Care, DOCC) developed for these problems and tested in pediatric primary care.

WHY SHOULD MY PRACTICE BE INVOLVED?

- Participate in quality improvement activities to enhance provider-family BH care/service experiences.
- Receive DOCC manual and training to enhance capacity to treat BH concerns in children.
- Some care teams and practice leaders will learn DOCC implementation support methods.
- All enrolled families will learn new skills that may help to improve their behavior and functioning.
- · Staff and caregivers will be paid for completing assessment surveys over time to evaluate outcomes.

WHAT WILL IT MEAN FOR MY PRACTICE IF WE PARTICIPATE?

PHASE	TIMING	TASKS
Pre-Launch Preparation	Remote orientations (Months 1-3)	Trainers prepare sites to use the DOCC model during video conference calls: Orient to study and understand the Collaborative Care Model Review roles, tailor workflows, teach use of patient registry/tracking tool Eligible staff complete online consent and standardized surveys
DOCC Online Training	Watch videos in Month 4	 Providers get on-demand access to the DOCC remote training platform with modular content (9 topics) to help manage behavior problems and ADHD. Trainers will conduct follow-up calls to review content and questions
Pilot DOCC	1-2 cases in Months 5-6	Pilot DOCC treatment and workflows with 1-2 cases to augment care processes, pilot technology, and prepare for the study.
Implementation: All sites deliver DOCC & get Tech. Support. Some (18/24 sites) also receive delivery support calls	Support Calls: 1 hr./month in Mos. 7-24	Each site delivers DOCC to 1-2 families/month over 18 months after random assignment to 1 of 4 implementations support conditions: 1. Ongoing technical assistance (no coaching or consultation) 2. Coaching/consultation to provider team with DOCC clinical trainer 3. Management facilitation for practice leaders with DOCC child psychiatrist 4. Coaching and facilitation All sites receive technical assistance as they deliver DOCC services (18 months). Most sites also receive live support via video conference (1 hour/month on average).
Sustainment & Reimbursement	Meetings or emails in Mos. 25-30	Facilitators help care teams transfer/sustain DOCC program and practice staff/supports (care processes, technology, financing, etc.).

FOR MORE INFORMATION:

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